



Aussie, Aussie, Aussie...!!!!!!
— Kylie Minogue after touching down in Australia for her tour

Drinks by the water with Emma Clapham, Nadia Coppolino & El Pearson before the game ... Love having the girls here!! x

— Lauren Phillips (Gary Ablett Jr's gf) at the Cats v Suns game



Gotcha, Andy!

STEVE Johnson, above, had the last laugh when he exposed an embarrassed Andrew Mackie for turning up at the wrong Thai restaurant on Wednesday. Excited about the Cats' dinner date, Andrew had tweeted, "Looking forward to a feed of Thai tonight with @Brent Prismall09 and @Steviejohnson20. Hope johnno doesn't talk about his 7 goals too much!" To which Steve later replied, "Wouldn't u feel like a wanker if u turned up at the wrong joint and sat down on table of 6 by urself 4 20mins @AndrewMackie —4 haha amazing!"

A bum deal

A SERIES of talking benches voiced by celebrities, including Stephen Fry, are being set up at eight beauty spots in Britain. The National Trust enlisted the stars to record monologues for the benches, which give listeners a five-minute commentary inspired by their surroundings. Fry, who recorded a commentary for a bench at Felbrigg Hall, Norfolk, England, where he filmed *A Cock and Bull Story*, said: "I am very proud to be associated with a bench and I hope I provide comfort, balm and solace for many a weary bottom."

The goss on Rob

WITH *Water for Elephants* now in cinemas, stories about Robert Pattinson are hot property. Well, *The Addy* has the inside gossip on the real Rob. One of our new journalists, who went to The Harrodian school with him in London, spills the beans on what he is like. "I remember the first time I saw him walking down the hall and asked my friends, 'Who is that?' 'Hot Rob' they replied, adding kindly that he was out of my league: 'He was always quite sullen and moody. I never really saw him smile except for when he was playing soccer. 'This was back when he was a model, before he was in *Harry Potter*, and he was still quite shy. 'All the girls in my class used to watch him out the window when he had sport and daydream about being his girlfriend."

Write on! Tiff's body of work

BIGGEST LOSER trainer Tiffany Hall is more than just a fit body writing yet another book on health and fitness.

In an *Addy* exclusive, she chats about her hidden passion for creative writing and her new book deal with Harper Collins.

"My ambition in life has always been to write, which I think would surprise a lot of people," she said.

"I studied creative writing at uni and started out as a freelance journalist and working in media.

"But then I realised I had to find a way to support my love of writing, so I got involved in health and fitness, which is my other big passion.

"I've been writing books about weight loss and mental health, but have just signed up to write a young adult action novel that will come out next year. It's so exciting."

The blonde stunner will be in Torquay next Wednesday to speak at the Hardie Grant conference at Peppers The Sands Torquay.

Hardie Grant published Tiffany's

first book, *How to Create Your Ultimate Body and Keep It!*, in 2009, followed by this year's new release, *Weightloss Warrior: How to Win the Battle Within*.

Tiffany is renowned for her anti-diet approach to weight loss, and in Torquay will speak about her writing and appearances on *The Biggest Loser: Families*.

"I don't believe in extremes or diets," she said. "I just believe in a healthy and balanced lifestyle.

"My number one message when I talk next week will be that when you're at your healthiest, everything else in your life, from career to relationships and confidence, will be healthy.

"I want to make people understand the beauty of feeling healthy and having energy."



I still think, incidentally, that women are sex objects. It's not all they are, but if they weren't sex objects, if there weren't genders attracted to each other, there wouldn't be another generation.

— Playboy founder Hugh Hefner – that's him on the right – insists the label isn't as negative as it sounds.

Free Seminar for parents - Child Health & Wellbeing

Learn more about keeping our children healthy for a better future.

- Get practical advice and realistic strategies from a panel of local experts and health professionals.
- Collect information and speak directly with local health service providers and businesses at our showcase.

"I worry about my child's health – is my child underweight or overweight? Should I be concerned?"

"There's so much information out there, where do I go for practical advice and help?"



Proudly brought to you by



Date: Thursday 16th June, 2011
Time: 6:00pm - 7:00pm Registration and Showcase
7:00pm - 8:45pm Seminar
Venue: Peninsula Room
Four Points Sheraton
10-14 Eastern Beach Road
Geelong
Cost: Free to GMHBA members and friend (Parents and Carers)
RSVP: Tuesday 14th June, 2011
Places are limited so registration is essential.
Please contact Bevelee Reynolds at GMHBA on 5202 8740 or via email: beveleereynolds@gmhba.com.au